



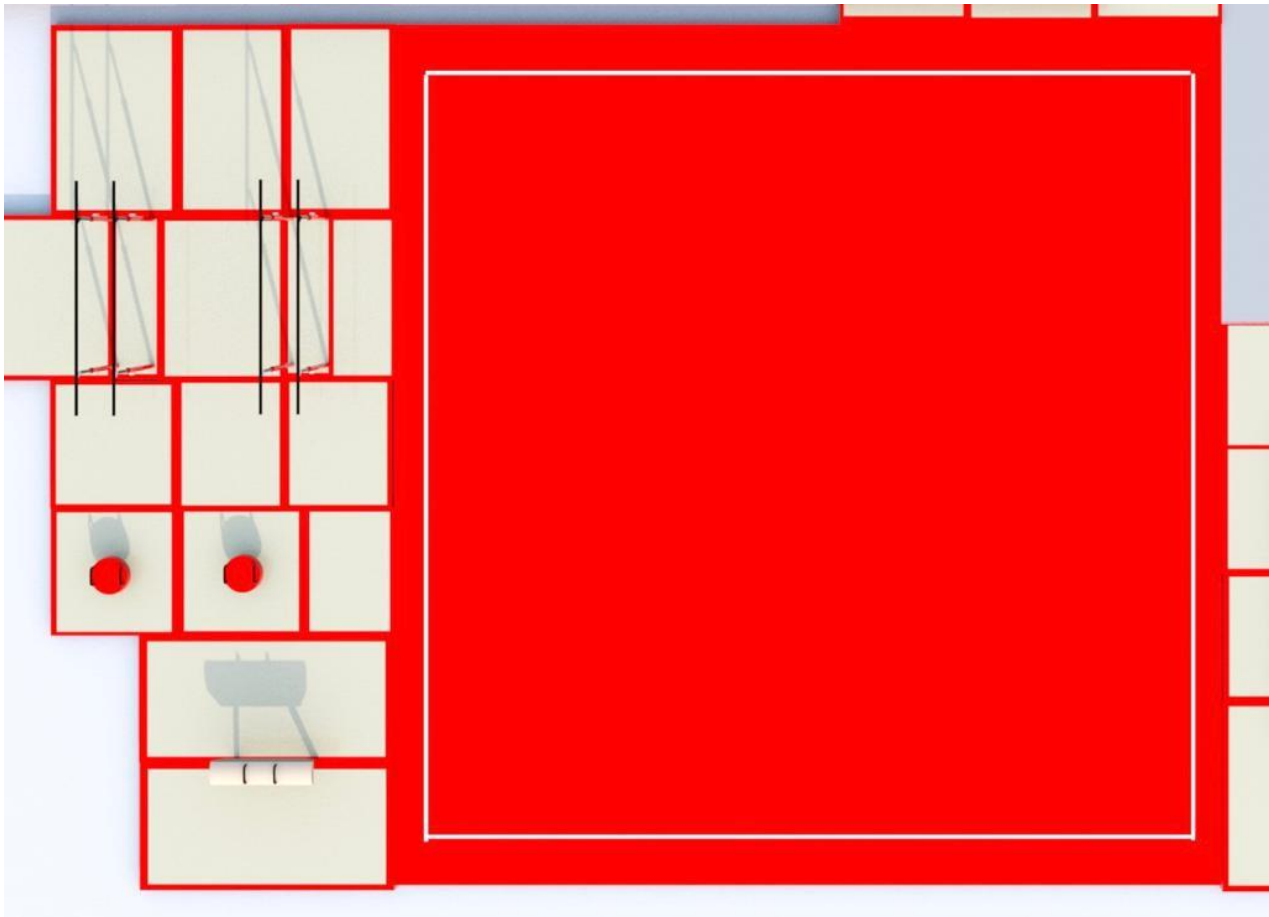
LINCOLN GYMNASTICS CLUB NEWSLETTER

MAY 2019

EXCITING NEWS!!!!!!.....

We are excited to announce the club are revamping some of the equipment and flooring, the areas between the equipment will also be levelled out. All equipment and flooring will be Gymnova bringing us in-line with BG. This will take place in three phases.

Phase 1 will take place at the end of July 2019 and include a new competition floor, pommel and P-bar area as shown below. More details of installation dates will be communicated nearer the time. Your fundraising donations throughout the last year, including coffee machine and vending fridge purchases, have contributed to covering the cost of this phase.



Phase 2 is scheduled to take place at the end of 2019 and will include a new Tumble Track and Fast Track. We need your support in raising funds towards this phase. Friends will be holding a summer fundraiser and also a Christmas raffle and fayre. If you have any suggestions or donations you can provide for these events please let us know.

Phase 3 will be the remaining gym areas and this is planned to be completed in 2020. We hope you are as excited about this development as we are and thank you in advance for your continued support.



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EASTER BUNNIES

Well done to all who entered the Easter colouring competition the response was the best so far and your bunnies have looked fabulous on the back wall of the balcony.

The judging was expertly carried out by Coach Nev and all winners indicated with rosettes or Easter characters.

We hope all entrants enjoyed their treats.

FAMILY BBQ

On Sunday 30th June at 2pm we will be holding a family BBQ at a venue near Witham St Hughs. This event is open to all members of the club and their families. There will be family/team games to entertain all. Please bring your own food, drinks, chairs and blankets and we will supply cups, plates, cutlery, sauces and the BBQs for cooking on. All entrants will be £1 each payable on the day.

Further information and details of how to reserve spaces will be published by the end of May.

Please see the Friends board located in the gym.

DATES FOR YOUR DIARY

Please note these may be subject to change, see noticeboards for updates

Club Competitions

Recreational Boys 6 piece – Saturday 13th July

Recreational Girls 5 piece – Sunday 14th July

PAYMENTS

Please be aware for security reasons and increasing bank charges the gym requires all payments to be made electronically directly into the bank account. This includes monthly fees, yearly membership, badges and competitions. Please remember to use your child's BG number as the reference, if unsure of this number, please ask at reception or email info@lincolngymnastics.club Should this be unachievable please discuss with Becky or Julia.

WATER PARK FAMILY DAY

We have been delighted with the feedback received so far for the water park event being held on 30th June 2019. Following notification that Tattershall are opening a sister park in Lincoln in May we have booked this site instead.

Thank you to all those who have taken up this fantastic opportunity, we have filled all the 100 spaces for our midday-1pm session. If you have not booked and would like to join the reserve list please add your details to the list located on the Friends board however if the reserve list is extensive, we will enquire about booking another session on the same day.

MAY BANK HOLIDAYS

Competition Squad

All squad sessions are running on Monday 6th
ONLY Boys squad are training on Monday 27th

STILL LOOKING FOR YOUR MEMORIES

Thank you to those who have kindly sent over your memories and photos.

We are still gathering information so please continue to email details and photos, of past and present gymnasts and coaches to info@lincolngymnastics.club. Please provide the name of the gymnast/coach and the year (if known). Any photos not in a digital format can be brought into the club for scanning and returning to you.



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2018/19 TERM DATES

Fit Kids and Mixed Recreational

Term 5: 29th Apr 19 – 24th May 19

No session bank holiday 06/05/19

Term 6 3rd Jun 19 – 12th Jul 19 **Payment Due 27/05/19**

Badges

Week Commencing 24th June

Week Commencing 1st July

BADGES

Congratulations to all those gymnasts who passed their badges at the end of last term. As you may have noticed, the below card will be issued when your child passes a badge confirming the level and details of how to pay.



Squad Competitions

Our Girls and Boys squad members have been busy since Christmas. Please find a summary of their results below:

BOYS

MARCH

Boys County Individual Apparatus – Lincoln

Under 10s - 5 Golds, 5 Silvers, 4 Bronze

Under 12s - 6 Golds, 6 Silvers, 6 Bronze

Under 13s - 6 Golds, 4 Silvers, 2 Bronze

Under 15s - 6 Golds

Boys Regional Individual Apparatus – Leicester

Under 10s - 1 Bronze

Under 11s - 2 Silver, 1 Bronze

Under 12s - 2 Silver

Under 13s - 1 Silver

GIRLS

MARCH

Girls Regional Grades 4,3,2 & 1 – Leicester

Grade 1 In Age 1 Pass & Silver

Grade 1 Open Age 1 Pass

Grade 2 In Age 3 Passes

Grade 2 Open Age 1 Pass

Grade 4 In Age 7 Passes

Grade 4 Open Age 1 Pass

Girls In-Age Grades 6 & 5 – Leicester

Grade 5 3 Passes

Grade 6 1 Pass

APRIL

Girls Regional National 4 – 1 Qualifier and Compulsory 4 & 3 Qualifier – Leicester

Dates for your Diary

Lincoln Water Park and Family BBQ – Sunday 30th June

Christmas Fayre – Saturday 30th November

Christmas Party @ Fun Farm – Sunday 1st December